



Recreation and Park Commission for the Parish of East Baton Rouge

SPORTS PROGRAM OPERATING CODE

The following set of rules was adopted by the BREC Recreation Department as the foundation of its Sports Department and will apply to all sports leagues whether it be junior or adult, male, female or co-ed.

OBJECTIVE

To assist in the promotion of recreational sports solely for the pleasure, physical, mental and social benefits derived by participating.

GOVERNING BOARD

1. All leagues under the supervision of a BREC appointed Scorer-Director or League Director must operate through that Director. Anyone wishing to lodge a complaint must go through these channels:
 - a. League Director or Scorer Director
 - b. Disciplinary Committee
 - c. League Sports Manager

The Sports Department is the final step. Be prepared to live with their decision. Anyone not following the chain of command may cause his team to suffer disciplinary action at the discretion of the Sports Department.

SCHEDULING

1. All sporting activities postponed for inclement weather will be replayed on vacant week nights or on weekends. No games will be played at the end of the season unless authorized by the BREC Sports Department.
2. No games will be rescheduled for any other reason than inclement weather without permission from BREC.

UNIFORM - DRESS CODE

1. BREC requires teams to wear similar color shirts with a minimum 6" high number on the back. This rule is waived for Volleyball.
2. No cutoff shorts allowed.

3. No Metal Cleats.
4. BREC prohibits the advertisement of products or services such as alcoholic beverages, tobacco products, gambling or any other product or service deemed to be against BREC policy, on team uniforms, schedules or rosters.

Abuse is defined as an attempt by a player or non-player to strike or engage in a combative manner unrelated to the sport. Such acts include but are not limited to : attempts to strike an opponent with the arms hands legs or feet whether or not there is contact.

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DISQUALIFICATIONS AND FORFEITURES

(JUNIOR) Any team forfeiting two games during the playing season will not be eligible for league awards. That team may choose to play out their schedule but all games will count as wins for their opponents.

(ADULT LEAGUE ONLY)- only 1st forfeit is excused, 2nd forfeit, team must pay \$30.00 to re-enter league, 3rd forfeit, team is expelled. In the event a team is expelled for the league for any reason, there will be **NO REFUNDS!!!**

**LINE UPS MUST BE SUBMITTED TO THE SCORER OR OFFICIAL BY THE MANAGER OR ANY OF THE TEAM PLAYERS 10 MINUTES PRIOR TO GAME TIME.
PENALTY: FIRST OFFENSE - WARNING, SECOND OFFENSE - FORFEIT.**

Forfeits after a game is played will result in the score remaining the same or be changed to the following:

- Adult Softball- 7-0
- Jr. Softball & Baseball (7 inning) - 7-0
- Jr. Softball & Baseball (5 inning) - 5-0
- Basketball - 2-0
- Football (Tackle & Flag) - 2-0
- Volleyball - 1-0

There will be no extended forfeit times. **THE SCHEDULED STARTING TIMES ARE FORFEIT TIMES.**

Any coach, manager or player verbally or physically abusing a game official, opposing player, player on same team or any other individual, will be ejected from the game and must leave the facility immediately. In case of physical abuse or extreme unsportsmanlike conduct, additional disciplinary action will be taken by the BREC Sports Department. COACHES WILL BE HELD RESPONSIBLE FOR THE ACTIONS OF THEIR TEAM MEMBERS AND FANS.

Any coach, manager or player physically abusing or attempting to physically abuse a game official, opposing player, player on the same team or any other individual will be ejected from the game and automatically suspended from all BREC sports activities for at least one calendar year.

Abuse is defined as an attempt by a player or non-player to strike or engage in a combative manner unrelated to the sport. Such acts include but are not limited to : attempts to strike an opponent with the arms hands legs or feet whether or not there is contact.

Any player, manager or coach ejected from a game for any reason will automatically be suspended for the following game or 6 days which ever is greater. This also includes participating in any other BREC sport or league. A second ejection in one season will result in indefinite suspension. **Unsportsmanlike conduct following the completion of a game shall result in a suspension of two or more games.**

ELIGIBILITY

Only eligible players and eligible coaches are allowed in bench areas.

(Adult Only) A player may only play in one all male or female team and one co-ed team of the same sport, concurrently. Exception: A person may participate on one Sunday league team without violating the above policy.

(Junior only) No child may play in more than one league of the same sport concurrently unless it is a BREC affiliated league (Sports Academy, Team Sportplex). No child may play with another team until released from their first affiliation and is received in writing from that team's coach to the Recreation Department. That player then must play on a team lower in the standing if he/she wishes to play.

No player will be allowed to play Jr. or Sr. school high sports while playing the same sport with BREC.

Junior roster must be submitted with completed contracts, including picture and copies of birth certificates if necessary. Also parents and coaches CODE OF ETHICS must be signed.

Anyone submitting an item not with the complete packet, either before or after the deadline will be charged a \$5.00 per item fee.

(ALL LEAGUES) Any player found to be ineligible will be suspended for the remainder of the season. Any team found to be playing an ineligible player will have to forfeit all games in which the ineligible player participated.

Any coach knowingly playing an ineligible player will be automatically suspended for one calendar year and his team will be ineligible for the league championship and dropped to last in the standings. .

All players must be registered on team roster provided by BREC and a final roster must be submitted on deadline date set up by BREC. The coach and his or her assistant must be listed on this roster. A one day extension will be allowed with a \$25.00 late fee.

LEAGUE FEES

Registration fees are due on the date set by the sports department. A late fee of 25.00 will be charged if the registration is accepted one day after the due date. An additional charge of \$5.00 a day will be added if a registration is accepted 2 or more days after the original due date.

JUNIOR ATHLETICS ONLY

Coaches must play all players in every game unless he or she is being disciplined. Failure to do so will result in automatic forfeiture of that game and possible action toward coach.

Tied Leagues and Tied Games - Any game that is tied at the end of regulation time, innings or quarters, will remain tied. All leagues ending in ties will remain tied.

TIE BREAKER SYSTEM ADULT PROGRAM ONLY

All league ties will be decided on the basis of:

- a. Head to head competition in league play.
- b. Least amount of points scored against between the tied teams.
- c. Play off game

Example: If A and B are tied for the league championship and A defeated B, then A will be awarded 1st place. If A and B played two games against each other and each won one game, then the team that gave up the least average amount of points will be awarded 1st place. Three way ties will be decided on the same basis.

CONSUMPTION OF
ALCOHOLIC BEVERAGES & SMOKING

The consumption of any alcoholic beverage is expressly prohibited by BREC and city ordinance. In order to help assure that this law is followed, the following penalties will be imposed on any player and/or team caught drinking on BREC facilities:

- a. If the violator is in the stands and is a player in a BREC league, the Director will secure his team name and his uniform number and the player may immediately be expelled for at least one calendar year.
- b. If the violator is a player and/or team participating in a game and is drinking in or around the player's bench, the umpire will stop the game, award a forfeit to the opposing team, and the player and/or team may be expelled for the remainder of the season. If players and/or teams from both sides are guilty, then a double forfeit will be called and both players and/or teams will be expelled for one calendar year.
- c. If a fan violates the drinking rule, the game will be forfeited to the opponent after sufficient warning is given from the umpire, scorer, and/or manager of the team involved. In addition to these penalties, any violator can and may be arrested by local police authorities.

NO SMOKING IS ALLOWED BY TEAM MEMBERS OR COACHES IN PLAYING AREA OR BENCH AREAS.

PROTESTS

- A. All protests must be made at site prior to play resuming. (exception: eligibility)
- B. Protests must be lodged only for misinterpretation of rules not judgement of an official.
- C. Protests must be lodged properly in writing and must be submitted to the Recreation Office within two working days (Mon. - Fri.) after protested incident.
- D. A \$25.00 protest fee (check only) must accompany the written protest.
- E. If the protest is upheld the \$25.00 fee will be returned. The protest fee will be forfeited if the protest is not upheld.

CONTINUED PARTICIPATION DUE TO INJURY, BLEEDING OR OPEN WOUND

- A. A player/substitute, manager, coach, trainer, or other team member or Umpire who is bleeding or who has an open wound shall be prohibited from participating further in the game until the bleeding is stopped and the wound covered.
1. If treatment can be administered in a reasonable amount of time the individual would not have to leave the game. The length of time that is considered reasonable is umpire judgement.
 2. If excessive time is involved, the re-entry rule would apply to players.
 3. If there is an excessive amount of blood on the uniform/bandage must be changed before the individual may participate.

COMMUNICABLE DISEASE PROCEDURES

While risk of one athlete infecting another with HIV/AIDS during competition is close to nonexistent, there is a remote risk that other blood borne infectious diseases can be transmitted. For example, Hepatitis B can be present in blood as well as in other body fluids. Procedures for reducing potential or transmission of these infectious agents should include, but not be limited to, the following:

1. The bleeding must be stopped, the open wound covered and if there is an excessive amount of blood on the uniform it must be changed before the athlete may participate.
2. Routine use of gloves or other precautions to prevent skin and mucous-membrane exposure when contact with blood or other body fluids is anticipated.
3. Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
4. Clean all blood contaminated surfaces and equipment with a solution made from proper dilution of household bleach (CDC recommends 1-100) or other disinfectants before competition resumes.
5. Practice proper disposal procedures to prevent injuries caused by needles, scalpels and other sharp instruments or devices.
6. Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, or other ventilation devices should be available for use.
7. Athletic trainers/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.
8. Contaminated towels should be properly disposed of/disinfected.
9. Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouthguards and other articles contain body fluids.