



ATHLETICS

BRECE YOUTH BASKETBALL PROGRAM

RULES & REGULATIONS

IT ALL STARTS AT BRECE!

LEAGUE MEMBERSHIPS

National Basketball Association, Jr. NBA Member



National Bidy Basketball Organization Franchise





BREC Youth Basketball



League News

Parent's Code of Ethics, Coaches Code of Ethics and Coach Parent Supporter Code must be followed at all times. Failure to follow the rules and regulations could result in disciplinary decided by BREC's Athletic Department.

Coaches, Parents and Supporters/Fans are to maintain a positive approach at all times throughout the league and adhere to the following guidelines:

Game officials shall have the respect and support of the coach. The coach shall not indulge in conduct which will incite the players or spectators against the officials. Public criticism of the officials or a player is unethical.

The coach should respect his opponents, display gracious behavior during competition and require his players to conduct themselves in similar fashion. Before and after the contest, rival coaches should meet and exchange friendly greetings to set the correct tone for the event

Coaches shall actively use their influence to enhance sportsmanship by spectators.

Team Practice: Practice times are reserved and decided by the coaches of the team. Practice space/time is limited to two (2), one (1) hour per team practices, per gym (Full-Court), per week. However teams/organizations with more than one team per age group or multiple age groups will be required to hold team(s) practice at one (1) gym if practicable. In the event more practice space/time is available, more practice space will be scheduled.

All coaches are required to take and complete a Sportsmanship Course offered through the National Federation of State High School Associations (NFHS). The Sportsmanship Course completion Certificate must be submitted when your team registration packet is submitted. If any coach does not submit his/her Sportsmanship Course Certificate they will not be eligible to coach until the course is completed and their Sportsmanship Course Certificate is submitted. **(NEW)**

- Sportsmanship Course Link: <http://nfhslearn.com/courses/37000>

Team / Coach Sportsmanship Fine: Failure to adhere to the rules, regulations and league policies (For Example: Coaches Code of Ethics, Coach Parent Supporter Code, etc...) will result in a team fine of \$100 per incident. Teams and or coaches will not be allowed to participate in any organized league activities until league fine is paid. **(NEW)**

The Recreation and Park Commission for the Parish of East Baton Rouge

BREC YOUTH BASKETBALL PROGRAM

RULES & REGULATIONS

Revised 1/2017

ARTICLE I

CLASSES – BOYS & GIRLS

15-17 yrs (15&Up) – Any player who has not reached his or her 17th birthday **on or before January 1, in the year of the current basketball season** is eligible to play.

13&14 yrs (14U) – Any player who has not reached his or her 15th birthday **on or before January 1, in the year of the current basketball season** is eligible to play.

11&12 yrs (12U) – Any player who has not reached his or her 13th birthday **on or before January 1, in the year of the current basketball season** is eligible to play.

9&10 yrs (10U) – Any player who has not reached his or her 11th birthday **on or before January 1, in the year of the current basketball season** is eligible to play.

7&8 yrs (Co-Ed), (8U) – Any player who has not reached his or her 9th birthday **on or before January 1, in the year of the current basketball season** is eligible to play.

4-6 yrs (Co-Ed), (6U) – Any player who has not reached his or her 7th birthday **on or before January 1, in the year of the current basketball season** is eligible to play.

*Players of younger division age may play/participate in older divisions, but an older division age player may not play in the younger divisions.

*Players are allowed to play/participate within the BREC Youth Basketball League and participate within other leagues, For Example: BREC Youth Basketball League and other recreations/basketball leagues. (*NEW*)

*Players can play/participate in more than one (1) age group/division (Example: 10&U and 12&U) during the regular season and post-season but cannot participate on two (2) teams within the same age group/division.

*Player Post-Season Eligibility: Any player on your roster must play in at least fifty percent (50%) or more of their scheduled league games for the regular season their team is currently playing in. If not, he or she will be deemed ineligible for any post-season games. (*NEW*)

ARTICLE II

GOVERNING RULES

Games shall be played under the official Louisiana High School Athletic Association Basketball Rules and/or specific changes for local situations as follows.

- A. In 12U, 14U, 15-17 leagues – No Defensive Restrictions, except for the following game situations.

In 12U leagues, a team leading by 20 points or more at any point in the second half must play defense behind their three-point arc. Leading teams may not double team, full court man to man, or full court man to man press/trap. Only the team trailing may double team, play zone defense, full court man to man, or full court man-to-man press/trap. When the difference in score is less than 20 points both teams may double team, play zone defense, or full court man to man, or full court man-to-man press/trap. The team leading by 20 or more points has the option to play man-to-man defense, or zone defense while they are leading.

- B. 10U – No Defensive Restrictions, except for the following game situations.

In 10U leagues, A team leading by 15 or more points may not double team. Only the team trailing by ten or more points may double team, play full court man to man or play zone defense. When the difference in score is less than 15 points both team may double team, or play zone defense. The team leading by 15 or more points has the option to play man-to-man defense, or zone defense while they are leading.

- C. In 10U leagues, a team ahead by 15 points or more at any point in the second half must play defense behind their three-point arc.

- D. Penalty for Governing Rules A, B & C – First offense: Warning, Second and all additional offenses: 2 shot technical.

Penalty for Governing Rule A, B & C – 2 shot penalty with the shooting team getting the ball on the side after the 2nd shot.

- E. In division 6U, coaches must play all players in every game for at least one quarter unless he or she is being disciplined in which case the coach must notify the scorekeeper before the start of the game. Failure to do so will result in automatic forfeiture of the game.

- F. In divisions 8U, 10U, 12U, 14U, and 15-17 it is recommended that all players who attend games play, but it is not mandatory.

G. Substitution Rule:

6U Division

1st Quarter – 5 players will play entire quarter.

2nd Quarter – 1st quarter players must be replaced with 5 new players (if possible) who will play entire 2nd quarter.

3rd Quarter – Players who did not play 1st or 2nd quarter will play entire 3rd quarter.

4th Quarter – Any 5 players. Free substitutions can be made on any whistle.

All players must play who attends the game with their team. Failure to do so will result in automatic forfeiture of the game.

6U, no player shall play more than 3 quarters. Any player who plays any part of a quarter will be considered as playing that full quarter.

Exception – An injured player may be substituted at any time and cannot play the rest of the half.

8U, 10U, 12U, 14U, 15&Up Divisions

H. Free Substitutions. It is recommended that all players who attend games play, but it is not mandatory.

I. 8U, a player can play more than 3 quarters.

J. No playing quarter restrictions for 8U, 10U, 12U, 14U, and 15-17.

K. 8U Divisions, teams can play games with five (5) players, but we suggest that you have at least eight (8) players readily available for game time.

L. 6U Division, teams can play games with five (5) players, but we suggest that you have at least eight (8) players readily available for game time.

M. 8U, 10U, 12U, 14U, & 15-17 Divisions: Teams must have five (5) players readily available for game time to begin a game. If a team doesn't have five (5) players readily available at game time the game will be considered a forfeit.

N. In all leagues where score is kept, at half-time if a team is ahead by 20 or more points, the game will not be considered final. Game play will continue until the basketball game is officially over.

O. At the beginning of the 4th quarter, if a team is ahead by 15 points or more, the game will not be considered final. Game play will continue until the basketball game is officially over.

P. No game will be considered final due to points.

- Q. Regular season games that are tied at the end of regulation due to points will remain tied. Post-Season Overtime Rule: If regulation play ends in a tie between the two participating teams, the two participating teams will play a two minute (2:00) overtime period or periods until a winner is determined.
- R. Game Time – The game time will also be the forfeit time except for the following game situation.
1. Grace Period – Teams that do not have 5 players at game-time, will have a 5 minute grace period for that fifth player to show up, otherwise the game will result in a forfeit. Scorekeeper will set the game clock for a 5 minute grace period rundown/countdown for that fifth player to show up; otherwise the game will result in a forfeit.
 2. We suggest teams should be at the game site 30 minutes before game time.
- S. Parent’s Code of Ethics, Coaches Code of Ethics and Coach Parent Supporter Code must be followed at all times. Failure to follow the rules and regulations could result in disciplinary decided by BREC’s Athletic Department.
- T. Team / Coach Sportsmanship Fine: Failure to adhere to the rules, regulations and league policies (For Example: Coaches Code of Ethics, Coach Parent Supporter Code, etc....) will result in a team fine of \$100 per incident. Teams and or coaches will not be allowed to participate in any organized league activities until league fine is paid. *(NEW)*

ELIGIBILITY

- A. The number of players to be signed and carried by each team shall not exceed 18 players, nor be less than 10. (Permission to add players may be requested)
- B. Each player must be on their roster in order to be eligible for play.
- C. Registration fee for the league is \$200.00 per team and must be turned in to BREC’s Athletic Department with the complete team packet by the deadline date established each season. Schedules will then be drawn up and mailed to each coach. *(NEW)*
- D. Coaches must turn in a completed player contract for each player on their roster. A recent photograph copy of the original birth certificate and a recent photo of the player must accompany this contract.
1. In case of an age eligibility question the coach must be able to present an original birth certificate within 72 hours. If the original is not presented the player will automatically be suspended until the birth certificate is produced.
- E. Players will not be permitted to sign with a team after the deadline date (After the second scheduled playing date) established yearly.

- F. Players will be allowed to play in more than one (1) BREC league within the Youth Junior Basketball program. *(NEW)*
- G. BREC youth basketball league players will be allowed to play middle school or high school basketball. *(NEW)*
- H. All games in which an ineligible player has played will be forfeited.
- I. Additions to the roster must be in by Tuesday before 12:00 noon to play the next Saturday. No additions except for hardship will be taken after the second Saturday of the season.

ARTICLE III

OFFICIALS & SCHEDULES

- A. All officials will be furnished by BREC.
- B. All games will be played at the gym indicated on the schedule. Games will be played as scheduled.
- C. All protest that are expedient to handle shall be settled by BREC officials.

ARTICLE IV

- A. A player/manager that has a technical foul called against him/her will be warned the first time and eject from the game on the second technical foul. After the third technical foul, the game will be forfeited to the opponents regardless of the score or time left in the game. (This pertains to technical fouls called for unsportsmanlike conduct on part of player/manager.)
- B. All league teams must have at least one adult coach who must be present at all games. If a coach is not present or if a suitable adult replacement is not present, then the team will forfeit the game. No player coaches will be allowed.

ARTICLE V

UNIFORMS & EQUIPMENT

- A. Game balls will be furnished/provided by BREC.
Ball Sizes: 28.5 – 6U, 8U & 10U (*NEW*)
29.5 – 12U, 14U, 15&Up (*NEW*)
- B. 15&Up, 14U, 12U, 10U, 8U & 6U leagues shall consist of four (4) six (6) minute quarters with a two (2) minute half time intermission and one (1) minute between quarters.
- C. Championship Games will consist of four (4) six (6) minute quarters with a five (5) minute half time intermission and one (1) minute between quarters.
- D. Clock Operations – The league will use running time, only stopping the clock in the final minute (60 seconds) of the 2nd Quarter (Second Quarter) and 4th Quarter (Fourth Quarter) and time outs. Each game will begin by a jump ball at center court. Jump ball possessions will then alternate.
- E. Each team is permitted two (2) time outs per half. (*NEW*)
- F. In the 7 & 8 Co-Ed and 5 & 6 Co-Ed leagues only – eight (8) foot goals will be used and 12 foot free throw lines.
- G. In the 10U (Girls) league, 10 foot goals and 15 foot free-throw lines will be used.
- H. In the 10U (Boys) league, 10 foot goals and 15 foot free-throw lines will be used.
- I. Uniforms: Similar colored shirt with 6” number on back and 4” on the front.
- J. A player who wears a dreadlock hair style must wrap their hair in a ponytail for the safety of others.
- K. No earrings for the safety of other players.

ARTICLE VI

LEAGUE AWARDS

The league champion and runner-up in each division will receive individual trophies for each player. League champion team trophies will also be presented to the division winners and runner-up.

In the event of a tie in the standings between two or more teams, they shall be declared co-holders (tri-holders, etc.) of that position including the regular season league championship, without regard to whether or not one team defeated the other team in league play.

ARTICLE VII

6U (4 – 6)

Non-Competitive League

SPECIFIC RULES & REGULATIONS

1. All players must dribble the basketball while he or she has possession of the basketball (A player must dribble the basketball every two steps that they take). No Running with the basketball. In the event a player does not dribble the basketball while he or she has possession of the basketball a Traveling Violation will be called against the player committing the violation, and possession of the basketball will go to the opposing team (6U).
2. All players must dribble the basketball while he or she has possession of the basketball. No Running with the basketball. In the event a player does not dribble the basketball while he or she has possession of the basketball a Traveling Violation will be called against the player committing the violation, and possession of the basketball will go to the opposing team (8U).
3. Players have ten (10) seconds to advance the ball pass mid court.
4. No pressing. Players must defensively pick up at midcourt/halfcourt.
5. No Double-Teaming Defense allowed. Only Zone Defense and Man-to-Man defense is allowed. (6U)
6. Five (5) second lane violation.
7. Coaches must play all players in every game for at least one (1) quarter unless he or she is being disciplined in which case the coach must notify the scorekeeper before the game begins.
8. All other rules from the BREC – Junior Basketball Program will apply
9. An eight (8) foot goal will be used instead of a (10') foot goal.
10. An intermediate ball will be used.
11. No score will be kept for games. No league standing will be kept during the season.
12. Time of game will be four – six (6) minute quarters. Clock will not stop except on injury, lining up for free throws, (clock will start when shooter is handed the ball), time outs or usual situation.
13. All free throws will be one-shot free throws.

8U (7 – 8)

GOVERNING RULES

We ask that you maintain a positive approach at all times throughout the league and adhere to the following guideline:

Game officials shall have the respect and support of the coach. The coach shall not indulge in conduct which will incite the players or spectators against the officials. Public criticism of the officials or players is unethical.

The coach should respect his opponents, display gracious behavior during competition and require his players to conduct themselves in similar fashion. Before and after the contest, rival coaches should meet and exchange friendly greetings to set the correct tone for the event

Coaches shall actively use their influence to enhance sportsmanship by spectators.

Games shall be played under the official Louisiana High School Athletic Association/AAU Basketball Rules and/or specific changes for local situations as follows.

GAME PROCEDURES

Game Time – The game time will also be the forfeit time except for the following game situation.

Grace Period – Teams that do not have 5 players at game-time, will have a 5 minute grace period for that fifth player to show up, otherwise the game will result in a forfeit. Scorekeeper will set the game clock for a 5 minute grace period rundown/countdown for that fifth player to show up; otherwise the game will result in a forfeit. ***(NEW)***

We suggest teams should be at the game site 30 minutes before game time.

Teams must have five (5) players readily available for game time to begin a game. If a team doesn't have five (5) players readily available at game time the game will be considered a forfeit.

An eight (8) foot goal will be used instead of a (10') foot goal.

Intermediate ball will be used.

Game Scores & League Standings will be kept.

All players must dribble the basketball while he or she has possession of the basketball. No Running with the basketball. In the event a player does not dribble the basketball while he or she has possession of the basketball a Traveling Violation will be called against the player committing the violation, and possession of the basketball will go to the opposing team.

Free Substitutions and no playing quarter restrictions.

Players have ten (10) second to advance the ball pass midcourt/halfcourt.

DEFENSE

No Defensive Restrictions, except for the following game situations.

No pressing. Players must defensively pick up at midcourt/halfcourt.

Teams ahead by 10 points or more at any must play defense behind their three-point arc.

First offense: Warning. Second and all additional offenses: 2 shot technical.

TIME KEEPING & OVERTIME

Clock Operations – The league will use running time, only stopping the clock in the final minute (60 seconds) of the 2nd Quarter (Second Quarter) and 4th Quarter (Fourth Quarter) and time outs. Each game will begin by a jump ball at center court. Jump ball possessions will then alternate.

Time of game will be four (4) – six (6) minute quarters (Clock will not stop except on injury, time outs or usual situation).

Regular season games that are tied at the end of regulation due to points will remain tied. Post-Season Overtime Rule: If regulation play ends in a tie between the two participating teams, the two participating teams will play a two minute (2:00) overtime period or periods until a winner is determined.

Player/Team Disqualification

All Non-athletes/coaches are responsible to see that their team meets all eligibility requirements. If a player is found to be ineligible prior to the start of a sanctioned competition, the player will be expelled from the competition and the team will continue. If a player is found to be ineligible after the competition has started, the player will be expelled from the competition and the team will forfeit all games in which the ineligible player was listed on the official score sheet. The team may continue to participate, if applicable, without the expelled player.

Player/Coach Technical Foul

A player/coach that has a technical foul called against him/her will be warned the first time and eject from the game on the second technical foul. After the third technical foul, the game will be forfeited to the opponents regardless of the score or time left in the game. (This pertains to technical fouls called for unsportsmanlike conduct on part of player/coach.)

All league teams must have at least one adult coach who must be present at all games. If a coach is not present or if a suitable adult replacement is not present, then the team will forfeit the game. No player coaches will be allowed.

ARTICLE VIII

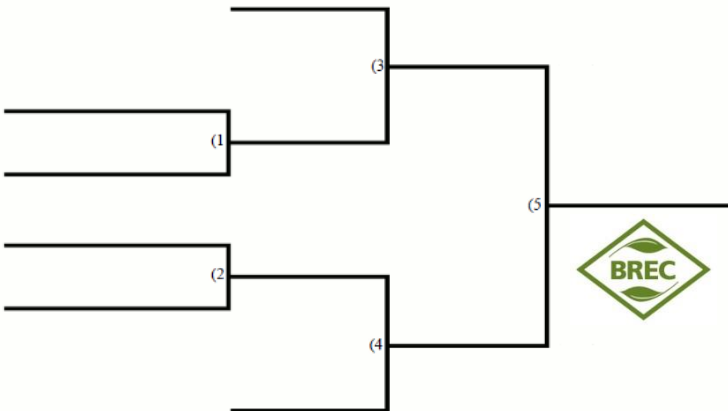
PRE-SEASON / IN-SEASON TOURNAMENT

Pre-Season and or In-Season tournaments participating teams are [will be] chosen by raffle drawing.(NEW)

POST-SEASON TOURNAMENT

Top three (3) teams from each age group/playing site will qualify for any Post-Season tournaments. The number one (1) overall team will receive a First Round Bye. The number one (1) overall team will be determined by record (Wins & Losses). (NEW)

See BREC Sports Operating Code for Tie-Breaker information.



ARTICLE IX

TEAM REGISTRAION

Team Registration Fee: \$200.00 Per Team

Player Contracts –

All players' registration forms must be completely filled out with a copy of the original birth certificate and a current photo. Every registered player must be listed on the team roster.

Coaches Registration/Volunteer Coach Registration –

- A. All Coaches a required to complete and submit a BREC Volunteer Coaches Form.
- B. People who have not registered as a coach will not be allowed to coach in any capacity (practice or games).
- C. People who are not listed on the team roster will not be allowed to coach in any capacity during games.
- D. A coach who does not have their Volunteer ID Badge is not allowed on the sideline/bench area as coach. (Only one coach should be standing in Coaches box. Assistants can coach but from the bench).
- E. All coaches are required to take and complete a Sportsmanship Course offered through the National Federation of State High School Associations (NFHS). The Sportsmanship Course completion Certificate must be submitted when your team registration packet is submitted. If any coach does not submit his/her Sportsmanship Course Certificate they will not be eligible to coach until the course is completed and their Sportsmanship Course Certificate is submitted. (*NEW*)

➤ Sportsmanship Course Link: <http://nfhslearn.com/courses/37000>

ARTICLE X



PARENT'S CODE OF ETHICS

I hereby pledge to provide positive support, care and encouragement for my child participating in youth sports by following this Code of Ethics.

I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game, practice or other youth sport events.

I will place the emotional and physical well-being of my child ahead of any personal desire to win.

I will insist that my child play in a healthy environment.

I will provide support for coaches and officials working with my child to provide a positive, enjoyable experience for all.

I will demand a drug, alcohol and tobacco-free sports environment for my child and agree to assist by refraining from their use at all youth sports events.

I will remember that the game is for children and not for adults.

I will do my very best to make youth sports fun for my child.

I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.

I will promise to help my child enjoy the youth sports experience within my personal constraints by being a respectful fan, providing transportation or whatever I am capable of doing.



COACHES CODE OF ETHICS PLEDGE

I hereby pledge to live up to BREC's Coaches Code of Ethics.

I will place the emotional and physical well-being of my players ahead of any personal desire to win.

I will remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.

I will do my very best to provide a safe playing situation for my players.

I promise to review and practice the necessary first aid principles needed to treat injuries of my players.

I will do my best to organize practices that are fun and challenging for all my players.

I will lead, by example, in demonstrating fair play and sportsmanship to all players.

I will insure that I am knowledgeable in the rules of each sport that I coach, and that I will teach these rules to my players.

I will use those coaching techniques appropriate for each of the skills that I teach.

I will remember that I am a youth coach, and that the game is for children and not adults.



COACH / PARENT / SUPPORTER CODE

NO COACH, PARENT or SUPPORTER who is associated with your team is allowed under no circumstances to say (shout/criticize/heckle) anything to a BREC Sports official (Court/Scores Table). Any coach/parent/supporter who is cited with saying anything to a BREC Sports Official will be the result of a technical foul (2 shots) called/charged against the team (issued to the Head Coach) in which the erratic parent is affiliated. In the event that a second (2nd) Technical Foul is called/charged against the team of the coach/parent/supporter, the team with two (2) Fan/Supporter Technical Fouls will forfeit the game immediately and the Head Coach will serve a one (1) game suspension. Coaches are responsible for the actions of their parents and supporters.



TEAM / COACH SPORTSMANSHIP FINE

Any team and or coach who fails to adhere to the youth basketball league rules, regulations and league policies that are established and have been provided (For Example: Coaches Code of Ethics, Coach Parent Supporter Code, etc....) will result in a team fine of \$100 per incident. Teams and coaches will not be allowed to participate in any type of organized league activities until league fine is paid.(NEW)



Youth Sports Coach Registration Form
Recreation and Park Commission for East Baton Rouge Parish

Personal Information: (Please Print)

Applicant's Last Name _____ First Name _____ Middle Initial _____

Applicant's Address _____

City _____ State _____ Zip _____ Date of Birth _____

Social Security # _____ Email Address _____

Home Phone # _____ Cell Phone # _____

Team Information:

Team name _____ League/Age Division _____

Are you the head coach? Yes No If not, who is? _____

Liability Waiver/Photo Release:

I understand that there is an element of risk involved in activities of this nature and that BREC assumes that I am covered by personal liability insurance. By signing this waiver my permission is granted to BREC personnel to provide basic first aid and to secure emergency medical services if needed.

During our league events, a photographer will often be on BREC premises taking photos of the participants. Pictures will be used in marketing brochures, program guides, advertising, etc. By signing this waiver, I permit myself to be photographed for the above-stated purposes.

Signature: _____ Date: _____

Background Check Consent:

I authorize and give consent for BREC to obtain information regarding myself. This includes the following:

- Criminal background records/information
- Sex Offender Registry Checks
- Addresses

I, the undersigned, authorize this information to be obtained either in writing or via telephone in connection with my volunteer application. Any person, firm or organization providing information or records in accordance with this authorization is released from any and all claims of liability for compliance. Such information will be held in confidence in accordance with the organization's guidelines.

Signature: _____ Date: _____

Policy Receipt Acknowledgement:

I have received and read BREC's Volunteer Credentialing Policy and agree to abide by the policy guidelines as a condition of my volunteer status at BREC. I understand that if I have questions, at any time, regarding the Volunteer Credentialing Policy, I will consult with BREC's Volunteer Coordinator.

Please read the attached policy carefully to ensure that you understand the policy before signing this document.

Signature: _____ Date: _____

BREC Office Use Only:

Received / / Entered / / Badge Y N League _____
eCord SSCI File # _____