

## Youth Volleyball

### **House League**

Updated March 2020



## THE RECREATION AND PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE

Dear Team Manager,

On behalf of the Recreation and Parks Commission for the Parish of East Baton Rouge, we would like to welcome you as a participant in our Youth Volleyball House League.

Our goal is to offer quality sports programming at affordable prices and see that each participant has an enjoyable leisure experience.

Please read the rulebook at your first opportunity to familiarize yourself with our league's rules and regulations.

We now have an online registration system. You can establish your online account at <a href="mailto:www.brec.org">www.brec.org</a>. For additional information, you can contact <a href="mailto:athletics@brec.org">athletics@brec.org</a> or you can also visit our department's web site at <a href="http://www.brec.org/index.cfm/subhome/athletics">http://www.brec.org/index.cfm/subhome/athletics</a>.

All managers/coaches must take the SPORTSMANSHIP class. (NFHS Sportsmanship Course <a href="http://nfhslearn.com/courses/37000">http://nfhslearn.com/courses/37000</a>) Submit completion certificate with team registration form.

All manager/coaches must take the CONCUSSION training course (Center for Disease Control and Prevention Concussion Training Course <a href="https://www.cdc.gov/headsup/youthsports/training">https://www.cdc.gov/headsup/youthsports/training</a>) Submit completion certificate with team registration form.

Again, welcome to our program. Wishing you and your team a very enjoyable and successful season.

Sincerely,

**BREC Athletics** 

The Recreation and Park Commission for the Parish of East Baton Rouge reserves the right to make changes to this document as necessary during the season.



# THE RECREATION & PARK COMMISSION FOR THE PARISH OF EAST BATON ROUGE

#### INDIVIDUAL/TEAM REGISTRAION

#### **Player Contracts**

All youth players' registration forms must be filled out with a copy of the original birth certificate and a current photo that must be attached in double-sided format. Every registered player must be listed on the team roster.

#### **Coaches Registration for Youth Sports Volunteer Coach**

All Coaches a required to complete and submit a BREC Volunteer Coaches Background Check Form.

#### www.volunteer.brec.org

Teams/organizations with multiple teams and/or age groups are required to have more than one (1) coach per team. No Exceptions.

People who have not registered, and been approved, as a coach will not be allowed to coach in any capacity (practice or games)

People who are not listed on the team roster will not be allowed to coach in any capacity during games.

A coach who does not have their Volunteer ID Badge is not allowed on the sideline/bench area as coach.

## Wearing your BREC volunteer identification badge is an important public safety tool and you are always required to wear them.:

- The ID provides special designation for authorized and qualified volunteers.
- The ID is a key component of a comprehensive risk management practice that reflects a comprehensive public safety practice.
- The ID builds trust among the public that parks and recreation is committed to quality management practices.
- The ID provides public information regarding the leadership role of parks and recreation to make communities safe.
- A photo identification practice serves the dual purpose of identifying volunteers as qualified and authorized personnel and builds public awareness for quality volunteer management practices.
- The system of requiring identification badges is only effective when there is compliance by all volunteers wearing their photo identification always of service.



#### **Guidelines for BREC Volunteer Identification Badges**

- 1. All qualified volunteers are required to wear a photo identification badge.
- 2. Photo identification badges are always to be displayed when at practice or a game setting and are not to be worn or used for any other purpose than a volunteer coaching assignment.
- 3. No pins, stickers, or markings can be displayed on the BREC ID badge. The photo identification badge must be clearly visible to the public and should be worn between the shoulders and waist with the photo clearly visible. (BREC provided black lanyards before the start of the season for coaches to wear around their necks)
- 4. If a photo identification badge is lost or stolen, it is the responsibility of the volunteer to notify a supervisor as soon as possible to obtain a replacement badge.
- 5. The photo identification badge will be issued to all volunteers after the completion of a comprehensive background check and will expire one year from that date of issuance.
- 6. It is the duty of every qualified volunteer to report any volunteer failing to properly display their credential and sign the volunteer logbook before each BREC practice and/or game.

Failure to perform any of the given guidelines will resort in your team forfeiting a contest and any individual not adhering to BREC policy and procedures for youth basketball and/or any other sport with youth participation, will be escorted from the premises.

If you have any questions and/or concerns, please contact the Athletics Department at athletics@brec.org.

All coaches and officials are required to take and complete a Sportsmanship Course offered through the National Federation of State High School Associations (NFHS). Coaches and officials are also required to complete a concussion training course offered through the Centers for Disease Control and Prevention. The completion certificates for the Sportsmanship training as well as the Concussion training must be submitted when your team registration packet is submitted. If any coach does not submit his/her certificates will not be eligible to coach until the coursed are completed and their certificates are submitted.

- > Sportsmanship Course Link: <a href="http://nfhslearn.com/courses/37000">http://nfhslearn.com/courses/37000</a>
- Concussion Course Link: <a href="https://www.cdc.gov/headsup/youthsports/training/">https://www.cdc.gov/headsup/youthsports/training/</a>

**TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S)**: I hereby represent that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release, on behalf of myself and organization.

Coacn Signature: _ Print Name:				
Print Name:				
_eague: Date:	,			
Team/Organizatio	n Name			



#### **BREC CODE OF CONDUCT**

- No manager, player, or spectator shall physically/verbally threaten, lay a hand upon, shove, or strike an official, field supervisor, staff member, player and/or spectator.
- No manager, player, and/or spectator shall be guilty of objectionable and/or disruptive verbal demonstrations of dissent at an official's or field supervisor's decision or refuse to abide by official's or field supervisor's decision. No manager, player, and/or spectator shall be guilty of verbal abuse to include references to an individual or group's race, religion, gender, national origin, disability or age.
- Participants shall not use flagrant rough tactics against an opposing player.
- There shall be no unnecessary throwing of equipment, or any other objects.
- There will be no cause for defacement or destruction to any public facility or equipment.
- Participants (managers, coaches, players, etc.) may not falsify their own name or any other player's name on a team roster, scoresheet, or any other league document. The use of ineligible or illegal players is not permitted.
- Individuals and/or teams violating the Code of Conduct will be subject to league discipline action which may include one or more of the following actions: game ejection, game forfeiture, game suspensions, probation and/or seasonal suspension.

#### **BREC PARK POLICIES**

- No alcoholic beverages may be brought onto or sold on BREC property. (City Parish Ordinance, Title 13: Section 13:1010)
- Pets must always be leashed, and droppings removed. For information on our Dog Park locations, please call 272-9200 ext. 400. (City Parish Ordinance Title 14, Chapter 2, Sec.
- 14:204)
- Firearms, explosives and weapons of any type are prohibited in all park areas. (City Parish Ordinance, Title 13: Section 13:1011)
- Gambling or games of chance are prohibited on BREC property. (City Parish Ordinance, Title 13: Section 13:90.2)
- Firearms, explosives and weapons of any type are prohibited in all park areas. (City Parish Ordinance, Title 13: Section 13:1011)
- Please help keep your parks clean by placing all trash and litter in receptacles provided at all BREC parks. For safety purposes glass containers are prohibited within parks.
- Sale of merchandise, food and beverage, solicitation of fees or donations, or conducting
  any type of business or event, including distribution of flyers, signs or other advertising
  mediums is prohibited without permit from BREC Commission. (City Parish Ordinance
  Title 3, Chapter 5, Sec 3:90- 93) For additional information regarding permits see Special
  Events.
- Park patrons are advised to be cautious of purchasing any product or merchandise from a vendor in a BREC park not displaying a BREC Permit or not selling from a designated BREC concession stand.
- Teams/Spectators may not play their own music inside of a BREC park before, during, or after games.
- Teams/players violating any BREC park policy may be subject to forfeiture of the game and/or expulsion from the league.



#### **Team Manager Responsibilities**

- Team managers serve as a communication between BREC and staff to members of their team. Therefore, it is important that all team managers communicate effectively, pertinent information submitted from the Athletics Department. We ask that all team mangers read each document thoroughly and carefully, and as well as all included attachments, if needed.
  - > It is the responsibility of team manger to make sure that...
  - ♣ All rosters are submitted and completed, prior to the season startup date.
  - All rosters are updated when new player additions are made.
  - Each player, coach, and/or manager participating has signed their roster/waiver prior to participation.
  - Each player is aware of the rules, procedures, and player code of conduct put in place by BREC
  - The athletics department is notified properly on any forfeited game, so that arrangements are made for the opponent of that team.
  - All rescheduled games, game cancellation, and forfeits are relayed to members of the team.
  - All written protests are submitted to the Athletics Office within 2 (48 hours) business days of the incident in question.
  - All players are in the appropriate color uniform based on HOME or VISITOR bench, with numbers affixed to jersey. Players who fail to comply will be ruled ineligible to participate.
  - That members of their team, fans and/or parents conduct themselves in a manner within accordance of BREC league rules and Code of Conduct.
  - Relay/Forward all player suspension documents to member(s) of their team, if needed.

**TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S)**: I hereby represent that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release, on behalf of myself and organization.

Coach Signature:		 	 		
Print Name:					
League:				_	
Date:	· · · · · · · · · · · · · · · · · · ·				
Team/∩rganization	Name:				



#### **PARENTS CODE OF ETHICS**

I hereby pledge to provide positive support, care and encouragement for my child participating in youth sports by following this Code of Ethics.

I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game, practice or other youth sport event.

I will place the emotional and physical well-being of my child ahead of any personal desire to win.

I will insist that my child play in a healthy environment.

I will provide support for coaches and officials working with my child to provide a positive, enjoyable experience for all.

I will demand a drug, alcohol and tobacco-free sports environment for my child and agree to assist by refraining from their use at all youth sports events.

*I* will remember that the game is for children and not for adults.

I will do my very best to make youth sports fun for my child.

I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.

I will promise to help my child enjoy the youth sports experience within my personal constraints by being a respectful fan, providing transportation or whatever I can do.

CHILD PARTICIPANT NAME(S):	
1	
2	
3	
4	
Team/Organization Name:	
TO BE READ AND SIGNED BY PARENT/GUARDIAN OF I	
am the parent/guardian of the minor(s) whose name(s) appe	ars above. I am familiar with and
consent and agree to the terms and provisions set forth in the	
on behalf of myself and said minor.	
Parent/Guardian Signature:	
Print Name:	
By placing your email below, you are giving permission for B	
information, as well as upcoming BREC leagues/events in the	e future. Please print legibly.
Email address:	



#### **COACHES CODE OF ETHICS PLEDGE**

#### I hereby pledge to live up to BREC's Coaches Code of Ethics.

I will place the emotional and physical well-being of my players ahead of any personal desire to win.

I will remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.

I will do my very best to provide a safe playing situation for my players.

I promise to review and practice the necessary first aid principles needed to treat injuries of my players.

I will do my best to organize practices that are fun and challenging for all my players.

I will lead, by example, in demonstrating fair play and sportsmanship to all players.

I will ensure that I am knowledgeable in the rules of each sport that I coach, and that I will teach these rules to my players.

I will use those coaching techniques appropriate for each of the skills that I teach.

I will remember that I am a youth coach, and that the game is for children and not adults.

By placing your email below, you are giving permission for BREC staff to send updated league information, as well as upcoming BREC leagues/events in the future. Please print legibly.

Email address:		

## TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S): I hereby represent

that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release, on behalf of myself and organization.

Coach Signature:			
Print Name:			-
League:			
Date:			
Team/Organization	Name:		





**NO COACH or SUPPORTER** who is associated with your team is allowed under no circumstances to say (shout/criticize/heckle) anything to a BREC Sports official (Court/Scores Table). Any coach/parent/supporter who is cited with saying anything to a BREC Sports Official will be the result of a technical foul (2 shots) called/charged against the team (issued to the Head Coach) in which the erratic supporter is affiliated. If a second (2<sup>nd</sup>) technical foul is called/charged against the team of the coach/parent/supporter, the team with two (2) Fan/Supporter Technical Fouls will forfeit the game immediately and the Head Coach will serve a one (1) game suspension. Coaches are responsible for the actions of their supporters.

#### **Acknowledgement of Rule Book & Bylaws**

TO BE READ AND SIGNED BY COACH/MANAGER OF LEAGUE TEAM(S): I hereby represent

that I am the coach/manager of the team(s) participating in BREC league play whose name appears below. I am familiar with and consent and agree to the terms and provisions set forth in this release of the rule book & bylaws, on behalf of myself and/or organization.

Coach Signature:	_
Print Name:	_
League:	
Date:	
Team/Organization Name:	



#### **Volleyball House League Rules and Regulations**

#### **General Rules**

- 1. Coaches must rotate players before each serve except the opening serve of the game. The player who had just served will be substituted for if there are players on the bench.
  - a. Exception: players may be substituted for at any time in case of injury.
- 2. A team may start the match with 5 players. There should be 6 players on the court for each team.
- 3. Time Outs Each team will have the option of one 30-second time outs per set.
- 4. Ceiling If the ball hits the ceiling and remains on the same side of the court, it is still in play. If it hits the ceiling and bounces to the other side of the court, it is considered out of bounds and a point will be awarded to the other team.
  - a. Lights, rafters, basketball goals and anything attached to the ceiling counts as part of the ceiling.
- 5. Bleachers and Walls All bleachers and walls are considered out of play. If a player hits a ball that then hits any of these objects, it will be a side out and a point will be awarded to the other team.
- 6. No liberos (defensive specialist) will/can be used in any division

#### **Playing Court and Equipment**

- 1. The playing court is a rectangle measuring 18 x 9 m (59' x 29'6") surrounded by a free zone which is a minimum of 3 m (9'10") wide on all sides. The free playing space is the space above the playing area which is free from any obstructions. The free playing space shall measure a minimum of 7 m (23') in height from the playing surface.
- 2. All lines are 5 cm (2") wide. They must be of a light color which is different from the color of the floor and from any other lines
- 3. Boundary lines -- two side lines and two end lines mark the playing court. Both side lines and end lines are drawn inside the dimensions of the playing court
- 4. Center Line -- The axis of the center line divides the playing court into two equal courts measuring 9 x 9 m (29'6" x 29'6") each; however, the entire width of the line is considered to belong to both courts equally. This line extends beneath the net from sideline to sideline.
- 5. Attack line -- On each court, an attack line, whose rear edge is drawn 3 m (9'10") back from the axis of the center line, marks the front zone.
- 6. The net height will be 6'6" for 4th & 5th graders and 7' for 6th, 7th and 8th graders.
- 7. Both age groups play with the full-sized boundaries.
- 8. Coaches and players on the bench must stay at least 5 feet back from the court boundaries.

#### 9. Volleyball Sizes:

- a. 4<sup>th</sup> and 5<sup>th</sup> graders will use a "Volley-Lite" ball. It is the same size as regulation, but lighter and softer. (Weight: 7.0 7.7 oz. Circumference: 25.6" 26.4")
- b. 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> graders will use a regulation size ball. (should be 65-67 centimeters in circumference and weigh 260-280 grams (9-10 oz). The ball's inside pressure should be 0.30-0.325 kg/cm2 (4.26-4.61 psi)).
- 10. Players are required to wear kneepads.
- 11. All jewelry must be taken off to ensure the safety of the players.
  - **a.** Please inform the parents and players before the games of this rule.



#### **Game Play**

- 1. All sets will be rally-scored, meaning a point will be awarded to one team after each play.
  - a. The first two sets will be played to 21, win by 2 with a cap of 25.
  - b. The last set will be played to 15, win by 2 with a cap of 20.
- 2. The teams will play all three sets of a match during league games only if there is a tie after the first two games. If a team wins both first two sets, there will not be a third set.
- 3. A single player will only be allowed to serve up to 5 consecutive points. It will be side out after that. No point will be awarded to the other team, but they will rotate and be allowed to serve.
- 4. Each team is entitled to a maximum of 3 hits to return the ball to the opponents.
  - a. Hits include intentional hits by a player as well as unintentional contact with the ball.
- 5. A player may reach into the opponent's court and/or space under the net, provided this does not interfere with the opponent's play. This rule is at the referee's discretion.
- 6. It is a fault to touch any part of the net except for incidental contact by a player's hair and insignificant contact by a player not involved in the action of playing the ball.
- 7. The rotational order is determined by the team's starting line-up and controlled with the service order and players' positions throughout the set.
  - a. When the receiving team has gained the right to serve, its players rotate one position clockwise: the player in position 2 rotates to position 1 to serve, the player in position 1 rotates to position 6, etc.
- 8. The ball is in play from the moment of the hit of the service authorized by the 1st referee.
- 9. The ball is out of play now of the fault, which is whistled by one of the referees, in the absence of a fault, now of the whistle.
- 10. The ball is "in" if at any moment of its contact with the floor, some part of the ball touches the court, including the boundary lines
- 11. The ball is "out" when:
  - a. all parts of the ball which contact the floor are completely outside the boundary lines
  - b. it touches an object outside the court, the ceiling or a person out of play
  - c. it touches the antennae, ropes, posts or the net itself outside the side bands
  - d. it crosses the vertical plane of the net either partially or totally outside the crossing space
  - e. it crosses completely the lower space under the net.

#### 12. SIMULTANEOUS CONTACTS:

- a. When two (or three) teammates touch the ball simultaneously, it is counted as two (or three) hits (except for blocking). If they reach for the ball, but only one of them touches it, one hit is counted. A collision of players does not constitute a fault.
- b. If simultaneous hits by two opponents over the net lead to an extended contact with the ball, play continues.
- 13. A ball driven into the net may be recovered within the limits of the three team hits.
- 14. After each set, the teams change sides.

#### Serving



- 1. Let serves are allowed. A Let serve is a serve that hits the net, but still goes over the net inside the boundaries of the opponent's court.
- 2. First serve of the first and third sets will be decided by a coin toss. One captain from each team will meet the referee prior to the first set to do the coin toss. The team winning the coin toss will be awarded first serve; the losing team will choose which side they want to defend.
- 3. Both feet of the serving player must be behind the designated line for each age group.
  - a. For the 4<sup>th</sup> and 5<sup>th</sup> graders, the designated line will be marked with floor tape approximately 6 feet in front of the baseline boundaries.
  - b. For the 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> graders, the serving line is the baseline boundary.
- 4. Players must wait for the whistle from the referee to serve.
- 5. Players may not block or attack the serve.
- 6. The server may move freely with the service zone.
- 7. No Jump Serves: At least one foot must be in contact with the ground when the serve is made.
- 8. In the case of a bad toss during service, the serving player may not touch the ball before it hits the ground.
  - a. If the ball is touched before hitting the ground, it will result in a side out and point for the other team.
  - b. After a service tossing error, the referee must authorize the service again.
  - c. One service tossing error is permitted for each service.

#### **CONDUCT RULES**

We ask that you always maintain a positive approach throughout the league and adhere to the following guideline:

Game officials shall have the respect and support of the coach. The coach shall not indulge in conduct which will incite the players or spectators against the officials. Public criticism of the officials or players is unethical

The coach should respect his opponents, display gracious behavior during competition and require his players to conduct themselves in similar fashion. Before and after the contest, rival coaches should meet and exchange friendly greetings to set the correct tone for the event.

Coaches shall actively use their influence to enhance sportsmanship by spectators

#### PLAYER BEHAVIOR

Any coach, or player verbally or physically abusing a game official, opposing player, or any other individual, will be ejected from the game and must leave the facility immediately. Any player refusing to leave will cause his team to forfeit the game. In the case of physical abuse or extreme unsportsmanlike conduct, additional disciplinary action can/will be taken by BREC's Athletic Department including but not limited additional suspensions and/or removal from the league. COACHES WILL BE HELD RESPONSIBLE FOR THE ACTIONS OF THEIR TEAM MEMBERS AND FANS.



#### **SUSPENSIONS**

A player who is ejected from a game will be required to leave sight and sound of the facility within 2 minutes. If a player fails to leave after an ejection, the game will be forfeited by the umpire. Managers should see that your player leaves promptly. If any player is ejected from the game, he/she shall be automatically suspended for a minimum of one game, additional punishment could be handed down pending review by BREC staff. If the player is ejected a second time, he/she will be suspended for the remainder of the season, or if circumstances so warrant, be suspended from participation in any program and/or facility of BREC indefinitely, pending review by staff

#### **EJECTIONS**

All ejections carry a mandatory suspension of the next scheduled game. If a player is ejected twice (2) within one playing season, they are not allowed to participate within the playoffs or league for the next year until player's parent/guardian and coaches have contacted Athletics Department for a hearing on the matter.

#### **PROTEST**

All protest must be made on site prior to play resuming. Only team captains can confer with the officials. Protest must be lodged only for misinterpretation of rules. Protest must be lodged properly in writing and must be submitted to Athletic Department within two

working days (Mon.-Fri.) after protested incident. If the protest is upheld the \$25.00 fee will be returned. The protest fee will be forfeited if the protest is not upheld.

#### **RETURNED CHECKS**

Teams will be eliminated from any further league play for non-payment of league fees.

#### **FORFEITS**

#### Game time is forfeit time!!

- The field supervisor's or official's watch represents the official time. Any time five players are on the field; the game must start.
- Teams with fewer than five (5) players will be given a forfeit.
- The score of a forfeited game will be 7-0.
- In the event of a double forfeit each team will be credited with a loss with the score being recorded as 0-0.
- Forfeit Limits: A team which exceeds its maximum limit may be dropped from the league without a refund. Maximum limits:
- Teams which play one game per week ......2 forfeits within the playing season



#### **REFUND POLICY**

No refunds and/or household credit will be given unless a league has not played 50% of league games before the league is cancelled. All refunds and/or household credits will be determined by the Athletics Department discretion. If rule violations result in a team being removed from the league, the following refund formula will be used.

- Teams expelled between the date of registration and the beginning of their leagues first game will forfeit 100% of their registration fee.
- Teams expelled after the start of their first game will forfeit 100% of fee.

#### **INCLIMENT WEATHER MAKE UPS**

- In most cases, teams will receive at least one week notice of schedule changes.
- In emergencies, teams may be asked to play with less notice.
- · Managers will receive a make-up schedule through email upon games being rescheduled.

#### **BREC Athletic Field Maintenance Manual (page 18)**

- L. Rainouts
- a. When rain occurs every situation and field is different. There are many different conditions and parameters that dictate how fast a field will dry and be ready for safe playable conditions. Those factors that must be taken into consideration are.
- i. Amount of rain fall
- ii. Length of time rain fall occurred and the intensity
- iii. Field condition before the rain event.
- iv. Current weather conditions after the rain event
- 1. Sky conditions
- 2. Humidity levels
- 3. Temperatures
- 4. Wind speeds and direction
- 5. Chance of near future rain event
- M. Rainout Procedures
- a. BREC Sports Turf Supervisor(s) and team members will make all efforts to remove water and drain infields for preparation and safe play. Standing water will not be swept but must be removed to decrease drying time. Time, warm weather, wind, low humidity, and sun combined with ball field maintenance practices are the best and quickest steps to be taken for a field to dry and be safe for play. Maintenance practices of pumping water, draining water, using a sponge to remove water, use of a wet vac, and or working the field are to be taken to speed up the drying process. Surface and or field dry is not recommended and are only to be used in extreme situations such as tournament play (only at the direction and expense of the Tournament Director), very small or secluded areas of the infield (only at the



direction and expense of the League), and very small or secluded areas of the infield (only at the direction of the Sports Turf Manager or above). If the infield consists of soupy mud, there is little that can be done except removal of the standing water and wait on favorable weather conditions.

b. If wet field conditions exist, the field(s) and sports complex area weather forecast will be monitored. BREC Sports Turf Supervisor(s) will determine if preparation work for safe play can be completed by 4:00 p.m. on weekdays and 6:00 p.m. on weekends and Holidays for a specific field(s) or sports complex. This determination of rainout / ball field maintenance will be made at approximately 12:00 p.m. weekdays and 2:00 p.m. weekends and Holidays. At that point a BREC Sports Turf Supervisor(s) will notify the appropriate BREC Recreation Representative for that field(s) and or sports complex and or

Tournament Director of the rainout / ball field maintenance decision made.

- i. All factors to determine rainout / ball field maintenance to include, but not limited to, current field conditions, current weather conditions, number of fields needed, weather forecast, etc.
- c. BREC Recreation Representative for that field(s) and or sports complex will then notify the League Representative / Tournament Director of the rainout decision made by the BREC Sports Turf Supervisor(s).
- i. BREC Sports Turf Supervisor(s) and or BREC Recreation Representative must also inform/remind Tournament Director(s), League Representatives, and Coaches that field(s) and or complexes are closed and assume all liability and responsibility of damages and or injuries. BREC assumes no liability and damage responsibility after BREC Sports Turf Supervisor(s) have rained out a field(s) and or sports complex for all practice and or game activities.
- d. Games in progress halted due to weather conditions will either go into a rain delay depending on conditions at the time or they may be called off if weather makes the fields unplayable. If they are called into a rain delay or called off it is typically the call of the umpire. Games halted due to weather will resume with umpire and Sports Turf Crew coordination. Games called off, if rescheduled, this is done by the Tournament Director, League Representative, or BREC Sports League Coordinator

#### **ROSTER CHECKS**

BREC staff reserves the right to randomly check team rosters for player validity. The manager is responsible for keeping up-to-date team roster records. This practice can eliminate any question as to whether a team member is eligible to play. Players must present BREC staff with a form of photo identification upon request. Any player or team information which is not correct on a team's roster, and/or the use of illegal or ineligible players will result in league discipline.

#### **PLAY-OFFS**

Play-offs will consist of the top six (6) teams from each league.



#### **Injury, Bleeding or Open Wound:**

A player/substitute, manager, coach, trainer, or other team member or sports official who is bleeding or who has an open wound shall be prohibited from participating further in the game until the bleeding is stopped and the wound covered.

- If treatment can be administered in a reasonable amount of time the individual would not have to leave the game. The length of time that is considered reasonable is umpire judgment.2.
- 2. If excessive time is involved, the re-entry rule would apply to players.
- 3. If there is an excessive amount of blood on the uniform/bandage must be changed before the individual may participate.

#### **Concussion Protocol:**

Any player that exhibits signs, symptoms or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the game and shall not be returned to play.

#### **Communicable Disease Procedures:**

While risk of one athlete infecting another with HIV/AIDS during competition is close to non-existent, there is a remote risk that other blood borne infectious diseases can be transmitted. For example, Hepatitis B can be present in blood as well as in other body fluids. Procedures for reducing potential or transmission of these infectious agents should include, but not be limited to, the following:

- 1. The bleeding must be stopped, the open wound covered and if there is an excessive amount of blood on the uniform it must be changed before the athlete may participate.
- 2. Routine use of gloves or other precautions to prevent skin and mucous-membrane exposure when contact with blood or other body fluids is anticipated.
- 3. Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
- 4. Clean all blood contaminated surfaces and equipment with a solution made from proper dilution of household bleach (CDC recommends 1-100) or other disinfectants before competition resumes.
- 5. Practice proper disposal procedures to prevent injuries caused by needles, scalpels and other sharp instruments or devices.
- 6. Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, or other ventilation devices should be available for use.
- 7. Athletic trainers/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.
- 8. Contaminated towels should be properly disposed of/disinfected.
- 9. Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouth guards and other articles contain body fluids.
  - The referee shall not permit any team member to participate if in his/her judgement any item constitutes a safety concern, such as, but not limited to, a player's fingernails or hairstyles.



BREC reserves the right to re-evaluate the rules and place improvements in place for any current rules and/or violations. BREC reserves the right rule on any items not covered in the document and to expand the rule basis. Rules that are not covered in the BREC rules and operating code, will automatically defer to USA Volleyball rules and procedures.

