



# BE GOOD DO GOOD VOLUNTEER

## Volunteer BREC

January 2018

### PLAN(ting) for 2018

Get out your working boots because we're starting off the first month of the year strong. BREC invites you to join us on the second Saturday of the year for a volunteer work day. On January 13, volunteers are welcome to join us as we plant over 125 native trees along the CAPP Pennington Trail to help beautify and restore the area. With a donation through the Apache Corporation, the restoration project will help not only protect our environment from erosion but also provide resources for wildlife in the area.

What is a CAPP trail? BREC's Capital Area Pathways Project (CAPP) is an initiative to identify routes and build a network of connecting trails and greenways through East Baton Rouge Parish. Being able to host projects, and better the area, is an exciting thing for Volunteer BREC to be a part of! The CAPP program was first imagined back in 2004 and 9 years later the first phase of BREC's first trail segment, the Wards Creek "Medical Mile", was completed. Now in 2018, we have over 12 miles of safe CAPP pathways, not taking into account the different conservation and nature trails, walking loops, multi-use pathways and blueways (*the NEW Highland Road Boat Launch*).

The trails provide recreational benefits to residents in the southeast portion of the parish. Connecting parks, schools, trails, and businesses, the CAPP routes allow for a safe walk, jog or ride through the Health District. With more than 8 additional CAPP projects in the planning stage to wrap up the decade, citizens have expressed great appreciation for the goal of making a safer, healthier and recreation focused East Baton Rouge Parish. To learn more about CAPP and upcoming projects, visit [brec.org/CAPPTrails](http://brec.org/CAPPTrails)!

As volunteers, we lend our hand to enhancing the environment and keeping BREC parks beautiful. So, come out at 9 a.m. on January 13th and enjoy a morning of service to your community and leaving your mark on East Baton Rouge Parish. Email [volunteer@brec.org](mailto:volunteer@brec.org) to sign up!

### NEW Volunteer Opportunities

Looking to volunteer in the upcoming months? Check out the events below and click the titles for more info. Contact our volunteer coordinator at [volunteer@brec.org](mailto:volunteer@brec.org) to sign up for any of the events listed below.

#### Movie Night for Adults

**Plank Road Community Park**

Friday, January 12 (6:30 - 9:30 p.m.)

#### Tree Planting

**CAPP Pennington Trail**

Saturday, January 13 (9 - 11 a.m.)

#### Sunshine Social

**Milton J. Womack Park**

Friday, January 19 (6 - 9 p.m.)

#### Movie in the Park

**Mayfair Community Park**

Friday, January 26 (6:30 - 9:30 p.m.)

#### Valentine's Movie Mixer

**Jefferson Highway Park**

Friday, February 2 (6 - 9:30 p.m.)

#### Movie in the Park

**Jackson Community Park**

Friday, February 16 (6:30 - 9:30 p.m.)

#### Sunshine Social

**Milton J. Womack Park**

Friday, February 16 (6 - 9 p.m.)

### SPOTLIGHT

#### BREC VOLUNTEER WORKING DAY: TREE PLANTING



#### CAPP Pennington Trail

**Saturday, January 13 (9 - 11 a.m.)**

Join us as we plant over 125 native trees to help beautify and restore the CAPP Pennington Trail! Every year, Apache Corporation has a goal to donate one million trees for restoration projects, like the one we are hosting. With the help of the donation, volunteers will have the opportunity to help protect our environment from erosion and provide resources for wildlife through this volunteer project. To learn more, or sign up email [volunteer@brec.org](mailto:volunteer@brec.org)!

### GROUP VOLUNTEER OPPORTUNITIES

#### PARK BEAUTIFICATION

BREC relies on volunteers to maintain our parks and keep them safe for all residents to enjoy. BREC's park beautification projects provide the perfect opportunity to get outside. Come enjoy the outdoors while volunteering with your school, church, corporate, or community service group. We hope to have your students, staff, faculty and community members join us at one of our parks or facilities.



#### PARK REPORT CARD

With over 182 parks, BREC's Park Operations departments work day in and day out to keep our parks in tip-top shape while keeping in mind safety, cleanliness and all-around functionality for the community. The NEW Park Report Card program gives volunteers the opportunity to go out and be the judge of BREC parks.

[Click here for more info on Group Volunteer Opportunities](#)

**Black History Event**

**Independence Park Theatre**

Thursday, February 22 (6:30 - 8 p.m.)

**Bluebonnet Swamp Volunteer Day**

**Bluebonnet Swamp Nature Center**

Saturday, February 24 (10 a.m. - 2 p.m.)

---

**CONTINUOUS Volunteer Opportunities**

Can't make any of the events above? Need something with a more regular schedule for volunteering? We've got continuous opportunities available too! Contact our volunteer coordinator at [volunteer@brec.org](mailto:volunteer@brec.org) to sign up for any of the opportunities listed below.

**Hearts & Hooves Therapeutic Riding Program**

**Farr Park Equestrian Center**

Every Monday, January 22 - February 26 and March 12 - April 16

**Inclusive Recreation - Adult Interactive Days**

**Kathy Drive Park/Independence Community Park**

Wednesday - Friday (10 a.m. - noon)



**HOW TO HELP**

For more information about signing up for any of these volunteer opportunities, please email the volunteer coordinator at [volunteer@brec.org](mailto:volunteer@brec.org), or call (225) 272-9200, ext. 446. Keep updated on BREC volunteer opportunities by signing up to receive volunteer information at [BREC.org/volunteer](http://BREC.org/volunteer), visit [volunteermatch.com](http://volunteermatch.com) and follow Volunteer BREC on Facebook.

**Volunteers serving 30 or more hours with BREC in a calendar year may qualify for a \$500 state income tax deduction.**



6201 FLORIDA BLVD • BATON ROUGE LA • [VOLUNTEER@BREC.ORG](mailto:VOLUNTEER@BREC.ORG)

[Subscribe](#) | [Unsubscribe](#) | [Archives](#)

If you are having trouble viewing this message, please [click here](#).