



BE GOOD DO GOOD VOLUNTEER

Volunteer BREC

January
2019

HAPPY NEW YEAR!

Happy New Year to all! I am very excited about 2019 and all the new things that will be happening with the volunteer program. We have a new software that is in the works that will help streamline the volunteer program and allow volunteers to track their own hours. BREC's first volunteer manual has also been approved by the Commission and will be designed and publicized soon. There is more so stay tuned. As always, we have several events and programs where we need volunteers to assist. Check them out below and don't forget to follow us on [Facebook @VolunteerBrec](#). I look forward to seeing you around!

- Chentrell, Volunteer Manager

CONTINUOUS VOLUNTEER OPPORTUNITIES

Hearts & Hooves Therapeutic Riding Program

Do you have a love for horses? If so, then this is the perfect opportunity for you! Hearts and Hooves is a therapeutic horseback riding program for persons ages six and older with physical, mental, and social disabilities. Riders participate in a six-week session of riding lessons tailored to their needs and enjoy a one-hour class on horseback learning stretching exercises, basic equitation and games. Volunteers are needed to assist with setting up the arena with activities, side walking, leading the horses, and serves as activities leaders.

Session 1: Monday / January 28 - March 4

Session 2: Monday / March 18 - April 22

Sessions are held every Monday at 4:30 and 6:30. For more information contact volunteer@brec.org.

Youth Athletics Coaching

Interested in sports? We are always on the lookout for coaches for our youth athletic leagues. Qualified applicants must be at least 21 years of age. Sign up today! For more information please contact athletics@brec.org or 225-273-6403.

NEW VOLUNTEER OPPORTUNITIES

Looking to volunteer in the upcoming months? Check out the events below and click the titles for more info. Contact our volunteer coordinator at volunteer@brec.org to sign up for any of the events listed below.

Hearts & Hooves Volunteer Orientation and Fun Day! Farr Park Equestrian Center

Saturday, January 12 (9am-noon)

VOLUNTEER SPOTLIGHT

Alpha Mu Tau

Shout out to the gentlemen of Alpha Mu Tau for their service in 2018. They've helped at several community events and I would like to personally say thank you! Your time and service has not gone unnoticed.



Sunshine Social: Football Frenzy.

Milton J. Womack Park

Friday, January 18 (6 - 9pm)

Farr Park Equestrian Center's Student Horse Show

Farr Park Equestrian Center

Saturday, January 19 (9am - 3pm)

Sunday, January 20 (9am - 3pm)

HOW ARE WE DOING?

Our volunteers are a vital part of everything we do! Therefore, we value your opinion and feedback about your experience with BREC! Take a minute to take the volunteer survey and let us know how we are doing.

[Click here to take the survey](#)



VOLUNTEER
WITH BREC

volunteer@brec.org

WANT TO HELP?

For more information about signing up for any of these volunteer opportunities, email the volunteer manager at volunteer@brec.org, or call (225) 272-9200, ext.446. Keep updated on BREC volunteer opportunities by checking out our volunteer page at brec.org/volunteer. And be sure to follow us on Facebook at Facebook.com/VolunteerBREC

Volunteers serving 30 or more hours with BREC in a calendar year may qualify for a \$500 state income tax deduction.



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